

How to Wear the Almond Face Mask

1



Hold the mask through the strap and wear it around your face.

2



Rest the lower strap around the back of your neck.

3



Tuck the higher strap above your ears.

4



Tighten the stopper of the neck strap to adjust.

5



Loosen the strap if needed for more comfort.

6



Gently tweak the nose pinch to secure the seal around the face.

7



Ensure your mouth, nose and chin are covered using the upper and lower inner flaps.